

**Zabelina O.**

## **THE INFLUENCE OF TEMPERAMENT ON BEHAVIOR IN CONFLICT SITUATIONS**

Conflicts are integral to any social structure because they are an important condition for social development. Each individual seeks to achieve the goal, often ignoring others, which creates rivalry and tension between people. Therefore, there is interest in the problems of opportunities and features of the human personality.

Conflict is defined in psychology as a lack of agreement between two or more parties. In the case of an interpersonal conflict, the parties mean persons or groups, and in the case of an intrapersonal conflict, the attitudes, values, ideas of one subject.

Conflict is a complex but necessary social phenomenon. Every conflict has some standard scheme of development. Effective resolution of the problem that led to the pre-conflict situation requires each subject to have a clear idea of the general nature and specifics of this type of conflict, a certain style and pattern of behavior, the choice of which depends on personal characteristics, including temperament.

Temperament should be understood as individually unique properties of the psyche that determine the dynamics of human mental activity. Temperament contains a whole set of personality traits, including behavioral, which are manifested in social interaction, and especially in conflict situations.

Knowing that temperament is the central formation of the psychodynamic organization of the personality which should be formed and will be shown in activity and having influence on it, we will assume that certain features of the personality, such as level of aggression and communicative control are connected with it, which can influence the choice of strategy and pattern of behavior in a conflict situation. The sample was made by randomization, which allows to obtain more accurate results of the study, excluding the possibility of conducting research on individuals with the same or similar types of temperaments and behavior in conflict situations, due to the choice of the same profession.

To achieve this goal, an empirical study was conducted and the results were obtained, which confirmed the hypothesis that temperament is associated with certain personality traits, such as the level of aggression and communicative control, which in turn affects the choice of behavior in conflict. That is, a person with a certain temperament has certain behavioral strategies in conflict.

Based on the study, we can conclude that people with a melancholy type of temperament are characterized by behavior in conflict by the method of «compromise" and "avoidance". For people with choleric temperament, the dominant strategies were "rivalry" and "compromise". With such a type of temperament as "sanguine", such behavioral strategies as «compromise" and «cooperation" are implemented. With the phlegmatic type of temperament, the following behavioral strategies prevailed in situations of confrontation: "avoidance" and "adaptation".

We can say that the main components of temperament that affect behavioral characteristics are: ergic, social ergic, plasticity, social plasticity, pace and social pace. Other components of temperament, according to the study, do not have a significant impact on the behavioral characteristics of the individual.

---

Research Supervisor –Valeriia TUPCHENKO, Ph. D. in Pedagogical Sciences, Associate Professor