

Yarovaya I.

HOW TO IMPROVE YOUR ENGLISH SKILLS

There are many ways to improve your level of English, but only you can find the right way for you. Here are a few tips that might help:

Motivate yourself If you are not motivated to learn English you will become frustrated and give up. Ask yourself the following questions, and be honest: - Why do you need to learn/improve English? -Where will you need to use English? - What skills do you need to learn/improve? - How soon do you need to see results? - How much time can you afford to devote to learning English. - How much money can you afford to devote to learning English.

Set yourself achievable goals You know how much time you can dedicate to learning English, but a short time each day will produce better, longer-term results than a full day on the weekend and then nothing for two weeks. Joining a short intensive course could produce better results than joining a course that takes place once a week for six months. Here are some goals you could set yourself:- Join an English course (and attend regularly). - Do your homework. - Read a book a month. - Learn a new word every day. - Visit an English speaking forum every day. - Read a news article on the net every day. - Do 10 minutes listening practice every day. -Watch an English film at least once a month. A good way to meet your goals is to establish a system of rewards and punishments.

Understanding how you learn best may also help you. There are different ways to learn. [Find out what kind of learner you are](#) in order to better understand how to learn more effectively. The visual learner (Do you need to see your teacher during lessons in order to fully understand the content of a lesson? Do you prefer to sit at the front of the classroom to avoid visual obstructions ? Do you think in pictures and learn best from visual displays including: diagrams, illustrated text books, overhead transparencies, videos, flipcharts and hand-outs? During a lecture or classroom discussion?) - you may benefit from taking part in traditional English lessons, but maybe private lessons would be better. The auditory learner (Do you learn best through verbal lectures, discussions, talking things through and listening to what others have to say? Does written information have little meaning until you hear it?) - you may benefit from listening to the radio or listening to text as you read it. You could try reading text aloud and using a tape recorder to play it back to yourself. The Tactile/Kinesthetic learner (Do you learn best through a hands-on approach, actively exploring the physical world around you? Do you find it hard to sit still for long periods? Do you become distracted easily?) - you may benefit from taking an active part in role plays or drama activities.

Other English Learning Tips Spend your time on things that interest you. If you like cooking then buy an English-language cookbook or find recipes on the net and practise following the recipes. Keep something English on you ([book](#), [newspaper or magazine](#), [cd or cassette](#), set of [flashcards](#)) all day and every day, you never know when you might have 5 spare minutes. If you are too tired to actively practice just relax and listen to an [English pop song](#) or [talk radio station](#).